



BOWL FOOD MENU

3 BOWLS 19.45PP

5 BOWLS 23.95PP

7 BOWLS 27.95PP



BOWL MENU

Albondigas

Tender pork meatballs in a rich tomato & chilli sauce, garnished with red chilli, sweet & sour red onion and salsa relish with toasted ciabatta

559 kcal

Patatas Bravas (VG)

A classic Spanish dish of diced potato, coated in a spicy tomato sauce and topped with vegan mayo

551 kcal

Chilli Con Carne

With spicy rice, tortilla chips and spicy yoghurt

423 kcal

Fish & Chips

Served with spiced mayo and a lemon wedge

724 kcal

Halloumi Fries (V)

Served with a rich tomato & chilli sauce and topped with fresh tomato & chilli salsa and red chilli

307 kcal

Chicken Wings

Chicken wings tossed in cranberry & ginger BBQ sauce and topped with sour cream and spring onion

432 kcal

Burrito Salad Bowl (VG)

Salad leaves with azuki beans, black rice, soya beans, pomegranate, avocado, sweet & sour onions and fresh coriander dressed with a mango, chilli & pineapple glaze

221 kcal

Calamares

Lightly dusted baby squid with citrus mojo mayo, sweet & sour red onion and red chilli

578 kcal

Sweet Chilli Chicken

Crispy coated chicken glazed in sweet chilli sauce with rice and coriander

469 kcal

Jalapeno Poppers (V)

Hot and spicy jalapeno peppers stuffed with cream cheese in a crispy breadcrumb coating, served with sour cream, sweet & sour red onion, coriander and red chilli

397 kcal

Double Cheese Nachos (V)

Tortilla chips topped with melted cheese, cheese sauce, guacamole, jalapeños, tomato & chilli salsa and sour cream, finished with spring onion and sweet & sour red onion

690 kcal



Adults need around 2000 kcal a day.
Do you have any allergies? Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Ingredients are based on standard product formulations. Variations may occur, and calories stated are subject to change. Full allergen information is available for all food/drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. We cannot guarantee that any dishes are free from nut traces. Fish and poultry dishes may contain bones. All weights are approximate uncooked. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (v) = Suitable for vegetarians, (vg) = Suitable for vegans. This menu is available through pre-order only and may require a deposit or full payment to secure the booking. Prices include VAT, at the current rate. We accept all major credit and debit cards. All products and offers are subject to availability. Management reserves the right to refuse custom and/or offers and to withdraw/change offers (without notice), at any time.